Timberwolves Chronicle

Vol. 1, Issue 2 East Stroudsburg Area Senior High School- North, HC 12 Box 690, Dingmans Ferry, PA 18328 April 2, 2001

"Cool Stuff" Happening around E.S.H.S.-North

Compiled by- Timberwolves Chronicle Staff

Mr. Marcial-- On January 12th, Marcial took his World Cultures/U.S.History class and Mrs. Geffer's Honors Seminar students on a field trip to Malibu Ranch. They were able to gain first hand knowledge and experience of equestrian care. Students learned the value of horsemanship and the unique contribution horses have made to most of modern history. They fed, groomed, watered, tacked, and rode all day. They were also treated to a hearty lunch. They did archery and enjoyed a petting zoo on this outstanding field trip.

Pictured from left to right: Bottom row; Eric DeCoske, Jenn Cummings, Ryan Courtney, Jana North, Chrissy Burns, Katie Schram; second row: Mrs. Geffers, Ms. J. Frank, Josh Kaufman, Marc Rudolph, Greg Baldwin, Nicole Gioia, Anthony DeAngelis, Meghan Lastra, Mr. Marcial, Rachel Herdemian, Chrissy Contorno; Back row: Lis Lutz, Ryan O'Toole, Collen Gurry, Jena Struhala, Lindsey Mesmer, Amanda Stoll

Mr. Marcial- He has launced an intramural kickboxing program for faculty, students, and staff. Currently, the participants number thirty. The program runs on Thursdays at 2:30 PM. A typical class includes lectures and discussions on Eastern philosophy, character building, yoga, and tai chi exercises. Also through an aerobic workout, the participants learn kickboxing and karate fundamental techniques. Meditation and music help cool down the participants at the end of class. Students who participate must have written parental consent and a clear discipline file. Teachers may join at any time. Marcial hopes to one day make this a cross-curricular class incorporating social studies and physical education.

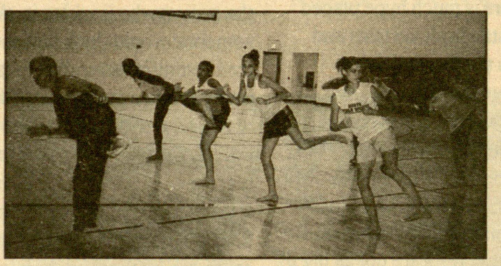

Photo by Mr. Marcial

Mr. Marcial and participants practice their moves during a recent session. Marcial hopes more individuals will come out for his program.

Physical Education Department-

The physical education department at East Stroudsburg North has now added a student of the week program. The very first student of the week in ENS history was Reggie Spand. The second was Kelly May. The third week was Shea Martins. The above students have worked very hard in class, are prepared and are on time and give one hundred percent everyday. They are also very positive to the others in class. For the second semester, we have also incorporated an elective program in physical education. Instead of staying with the same teacher and fellow classmates during every activity, we decided to allow the students to select the activities that they would enjoy participating in. The students seem to enjoy class a lot more when they are doing activities they truly enjoy. We also have a wall of fame (by the gym) displaying the winners in tournaments in each activity.

English Department-

The English department recently had a guest speaker from Lincoln Tech address different 11th and 12th grade classes. This speaker gave some helpful advice and words of wisdom for the students. Also, Mr. Voglino and Miss Kaszupski are planning a field trip to Philadelphia which will enrich students on the joy of viewing plays on stage. Lastly, the entire department wishes to extend congratulations to Freshmen, Courtney Stoll. Stoll competed to round three of the spelling bee held on March 21. Stoll should feel very proud of her accomplishment and the department knows that next year she will go even further in the spelling bee.

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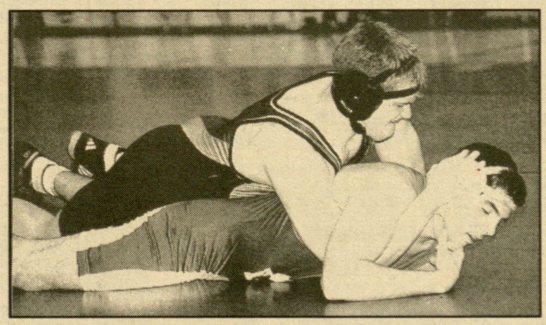
Wrestling Looks Forward to Next Season

Compiled by-
Timberwolves Chronicle Staff

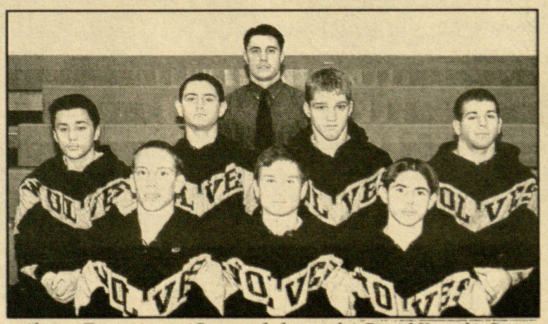
While the wrestling team's overall record was not as decent as the team hoped, the wrestlers could still be proud of their effort this season. Both Anthony DeFelice and Colin Ellwood made significant strides. Coach Chris Schneider had this to say about his team, "Cowards never started weak, fall along the way and only the strong survive." This team will be one to watch next year. The team knows that with the returning talent of Colin Ellwood and Anthony DeFelice, the team can become a driving force during the winter sports season. Schneider believes that next year will be a great season.

Photos Courtesy of Yearbook

Above: Anthony DeFelice maintains his hold on Bishop O'Hare.



Above: Colin Ellwood moves to pin his Bishop O'Hare opponent.



Above: Team picture. Bottom (left to right) David Krupski, Sean Donahue, Anthony DeFelice- Middle (L-R) Tony Chavez, Joe Peteroy, Colin Ellwood, Tim Michaels. Coach Chris Schneider

Opinion

SAT Tests: What are they ?

By Virginia Garcia-
Opinion Staff Writer

During the high school years, much stress comes along with the territory. There are the infamous teachers whom everyone has heard about and fear. The much anticipated high school dances, dates, etc.; but most of all, grades, colleges and the dreaded SAT's. Many students want to succeed and have a good chance at getting into a good college. Each student works hard in school to achieve impressive grades, earn the respect of teachers, and the admiration of students. Although these stresses come with the territory, I feel that one stress should not and that is the SAT's. There is much hype placed upon these standardized tests and emphasis on the fact that some colleges value these scores very much. But are they a true test of one's knowledge and capability to excel in school? Do the three or four digit numbers really represent just how smart one really is? I say that it is not and these tests are not as big of a deal as they are made out to be. I, myself, have stressed over these tests and worried over and over that I may not be accepted into certain colleges because of my scores. This lead to much discouragement and disappointment for me that was not healthy at all. This extra stress that the SAT's cause are bad for students. I am not trying to say that SAT's should be banned. Although many students would feel relief, I am simply suggesting that emphasis should not be put on it. Now, every day, more and more colleges are pulling away from basing enrollment on SAT's, but are looking more into the student's class rank and overall grade. These elements are what truly matter and make the difference in whether or not that college is right for that person. Take, for example, a student who does not have a very high grade point average or class rank, yet he or she scores an amazing thirteen hundred on their SAT's. Those scores do not mean anything but numbers; it just shows how well that person does on standardized testing. Meanwhile, there is an honors student with a very high grade point average and class rank, yet they barely score a thousand on the SAT's. That is the problem with these tests; they are standardized, which means that it is not fit for the person who is taking it. Although someone would think that standardized testing is easier than most tests, it is not because everyone is different and needs to show their knowledge in different ways. My advice to the current juniors and those in the future is do not worry too much about the SAT's. Worry enough that the ideal score can be reached, but do not make such a big deal out of it. After all, it is the millennium and colleges are starting to realize how to truly assess possible freshman which is to thoroughly analyze their high school years, not their SAT scores.

By doing this, the sytem will become fair and students will know they are judged honestly.

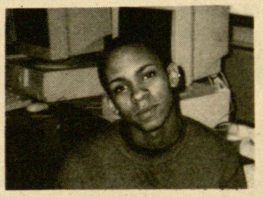
Writers

Dashira Harris
Kim Moucha
Jaime Woitsky
Eliza Costos
Carl Pellington

Adviser: Miss Kropcho

Inquiring Photos

Do you think that year round schooling is a good idea or not?

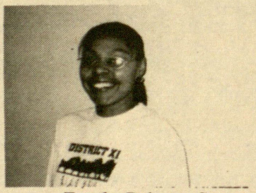


Teryance Jackson- Sophomore

"Nope, because kids need to have their vacation off to work or have some fun."

Virginia Garcia- Junior

"Yes, because you'd be able to learn more and people won't forget in two months what they learn."



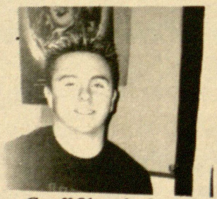
Tamika Roberts- Senior

"I think we should have year round schooling. We'll learn more."

Jason Satriano- Junior

"No, the two months we have off from school are when we have have time to feel like a kid and have no worries."

If you could be any animal, what animal would you be and why?



Geoff Okpych- Junior

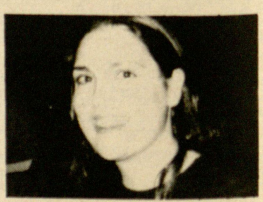
"An otter- they swim around on their backs and do cute little human things with their hands."

Kelly Stettler- Sophomore

"I'd be a lion because I'd be loud and I could get respect."

Jessica Trebilcock- Freshmen

"I'd probably be a bird so I could fly."



Jessica Sciarabba- Sophomore

"Monkey, they're my favorite animal and they get to hang around and be dumb."

Spring Sports Preview: Teams Looking For Many Wins

Softball

By Jaime Woitsky-
Staff Writer

Everyday, between fifteen and eighteen girls have come to the gym to participate in optional conditioning for softball, starting this spring. As they all file in, the gym overflows with pride. Varsity coaches Marialena Casciotta and Kristie McDowell and Junior Varsity coach, Jennifer Heid work the girls hard with sprints, suicides, passing drills and even stairs. Yet, the girls keep coming back for more and only work harder the next day. Nicole Gioia and Christina Miro manage to show impressive amounts of team spirit for these girls that aren't even officially on the team. They push the girls to try their best. When asked about the girls who show up there everyday, Nicole says "they have a lot of heart" and she'd "be proud to be on a team that has so much spirit". And Christina probably said it best when she said, "Those girls know how to 'Shake it Fast'". Nicole also says she's making a lot of friends and she and Christina both agree that they're happy to see that the coaches are so open to opinions and input from the girls. The coaches surprised all the girls from the first day when they led laps around the gym. They participate in everything the girls do, which is something new for those who played on various other teams before this year. As the warm weather comes in, and softball kicks off, its first Varsity game being on March twenty-third, much luck is extended to all the girls.

Soccer

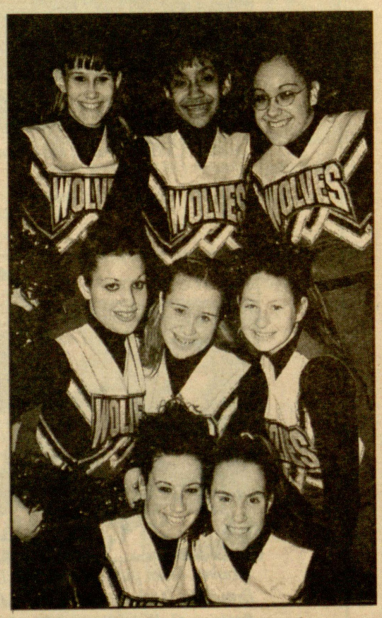
By Kim Moucha-
Staff Writer

Like many other spring athletes, many girls are anxiously awaiting the start of the brand new girl's soccer team here at East Stroudsburg North. Girls are looking forward to being a part of the hard-working team coached by Mr. Art Entz, a teacher at Lehman Intermediate as well as the boy's soccer coach, and with the assistant coach Mrs. Miller, a teacher at the Lehman side as well as the soccer coach of the co- ed team over there. Although it will be a lot of hard work, the team expects to have an amazing turn out, and is hoping for a rewarding season. Jessica Taylor, a sophomore who has played soccer all her life, comments, "I'm really looking forward to this season! It's going to be so much fun!" The team is very young and inexperienced with only two seniors, one junior, and the rest of the twenty girls sophomores and freshman. However, the team hopes for everyone to give their best and have a successful season. Practices have been daily after school in the Lehman gymasium and, with the help of sophomore soccer player Mike Saldo, have been running very smoothly. They do several conditioning warm- ups followed by push ups and crunches and then start with the soccer skills that are improving as time and effort progress. Rachel DeRoche, a sophomore on the team, remarks, "Although we have an unexpected shortage on players and several injuries, we hope to give our all and do the best that we can!"

Accolades to Winter Cheerleaders For a Job Well Done

Compiled by-
Timberwolves Chronicle Staff

The winter cheerleaders worked hard to bring a little spirit to the winter meets. The girls coach, Dorothy French a 6th grade teacher, pushed the squads to perform exceptionally well at all times. Many of the girls will be returning next year and they are looking forward to this. Francesca Novello remarks, "The squad I was on worked extremely hard to give school spirit at different functions, including the winter pep rally. I know that next year we will perform even stronger." Jess Smale added, "We worked very hard and I am proud of the squad's accomplishments. I know that both the J.V. and Varsity squads will excel next year." The girls hope to improve their performances and with their tenacious spirit this will assuredly occur next year.



Varsity Squad: Kara Burke, Samantha Cervone, Jenna Clare, Ada Cortez, Keriann Gulmy, Francesca Novello, Danielle Ogden, Leslie Russo, Donna Viasceglia

Photos Courtesy of Yearbook

J.V. Squad cheers during a winter match. Left to right: Jess Smale, Nicole Orr, Shari Shakes, Kristal Ortiz, Jen Asplint, Laura McCalla

Feature

Girls to the Rescue: First Drama II Play a Huge Success

By Jaime Woitsky-
Staff Writer

The Drama II play tradition lived on when Ms. Kropcho's Drama II class put on *Girls to the Rescue* early in December. Though the night performance was sadly cancelled and was never able to be rescheduled, several classes were invited to see the show in school. The play consisted of five mini plays in which a girl was given the part as hero. From fighting dragons and trolls, to giving good advice that saved the day, girls finally got the chance to come to the rescue in these fun-filled plays. The first play performed was called, "The Royal Joust". Unfortunately, Sir Reggie (played by Micheal Vicik) could not make it to the joust to win the trophy, so his sister, Lindsey (played by Kate Wilkins) goes in his place. When the Queen (played by Sarah Pierro) finds out, she praises her abilities and allows girls to join the joust from then on. The ladies-in-waiting (played by Neesha Goodman, Kristen Wilkins and Becky Roach) offered humor with their quick remarks. The next play to take stage was "The Fairy Godmother's Assistant". A teenage girl (played by Neesha Goodman) is an assistant to the fairy godmother (played by Sarah Pierro). When the fairy godmother leaves for vacation, she is left to help Cinderella, called Ella in the play (played by Becky Roach), the King (played by Wayne Fugate), and twin princes, Herman and Sherman (played by Micheal Vicik and Kate Wilkins), figure out ways to solve their problems. Following that, the cast of "Carla and the Greedy Merchant" stepped out on stage. A conniving merchant (played by Micheal Vicik) tricks a lowly shoemaker, Gia (played by Neesha Goodman). Gia's daughter, Carla (played by Jaime Woitsky) returns to market to get back their things that merchant tricked her mother into selling. Thanks to the judge (played by Sarah Pierro), things went smoothly and Gia and her daughter lived happily ever after. The final play to go on was "For the Love of Sunny". Prince Sunny (played by Micheal Vicik) brings home his soon to be wife, Princess Meghan (played by Jaime Woitsky). The Queen (played by Sarah Pierro) disagrees with the whole affair and decides to make Meghan kill the troll (played by Becky Roach), slay the dragon (played by Kristen Wilkins), and answer three questions. She succeeds in passing the tests and winning Sunny. The last of the five was never performed as it had been saved for the nighttime performance. The drama class went through a lot of trial and tribulations to make this play happen and the end result was something new and exciting. They set a good example for all Drama plays in the future and had fun in the process. Ms. Kropcho adds, "I am very proud of my Drama II class. They worked very hard to put on a first rate production. Even with the evening show not being able to be rescheduled, I know that my students can be very proud of their accomplishments. I wish to express my gratitude to all the parents who sacrificed their time and energy to the production of the show."

"Godspell" Coming Soon to North School

By Kim Moucha-
Staff Writer

The cast of the first ever spring production at the East Stroudsburg North High School, is proud to be presenting "Godspell". Since January, a cast of about thirty has been hard at work. David Wertz, who plays Jesus, admits, "Originally I had my doubts about the overall outcome and talent for the "Godspell". However, I am now extremely surprised and excited about the enthusiasm from all our outstanding performers." This production is directed by Mrs. Lisa Yozviak, our music teacher, choreographed by Mr. A.J. Kise, an employee at Mount Pocono, and accompanied by Mr. Todd Dean. The play will bring to life several Biblical parables. A typical practice includes warm ups, singing, dancing, and lines. Nicole Gioia stated, "If you have fun and concentrate then in the end it will all pay off. However, you must have fun or it is not worth it." Becky Grossman added to this sentiment by stating, "Every play is different, but Godspell is unique. And we will show people just how unique we are." Wertz closes by assuring, " 'Godspell' is a very energetic, 'let's-get-up-and-dance' type of musical. You will not be disappointed with the end result. I promise!" Anne Marie Aponte added, "It is interesting how the play is symbolic to what is going on at this school. As the school is trying to build a community so does the play. It will be a greatb show." 'Godspell' will be performed on Friday, April 6 and Saturday 7th at 7:30 pm through Sunday, April 8, 2001 at 3:00pm. Tickets run $3.00 for students and $5.00 for adults. Also, on April 5th at 9:00 am, the cast will put on the show for the student body. Don't miss it!

Photo by Theresa Herbert

Ladies-in-waiting, Kristen Wilkins, Beckie Roach, and Neesha Goodman greet the audience befor the show begins.

Photo by Dashira Harris

Students enjoy the pep rally mid winter. Everyone enjoyed showing their spirit.

Sports

Swimming Excels for the First Season at E.S.H.S.-N

by Carl Pellington-
Sports Writer

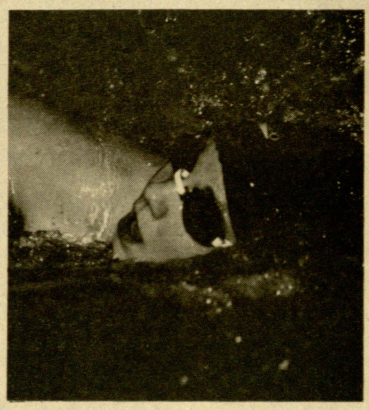
The 2000-01 school year was the beginning of a new school, new traditions, new friendships, and new teams. No team could hope for a state championship. They could, however, hope for a team of dedicated athletes who would give it their all. This is exactly what could be found on the Timberwolves' Varsity swim team this season. Head coach Maylor and assistant coach Thiret coached the team this year. Coach Maylor described her team as, "a young team that has persevered, has had continued dedication, and has proved a desire even with our growing pains." The coaches say the program is off to an excellent start. The team did not have many victories but they did have many individual victories and accomplishments. Josh Elder accomplished one of these victories. Josh is a very strong swimmer who has a district qualifying time. Josh is also the guy's team captain. Junior, Sarah Wallace proved herself this season as an excellent leader and team captain. Sarah showed continuous motivation and leadership for her team. The team has had other personal victories as well. Meghan Wallace dropped 1 minute in her 100-meter butterfly. Donna Cuiffo and Heidi Rhoda continue to be strong competitors as they work towards district times. Ashley Naegle bloomed from a navist swimmer into a competitive swimmer. Rob Buonacore overcame many obstacles and has achieved much his first year. The team is proud of him. John Shortino continues to drop his times. Carl Pellington came late in the season and the team was glad to have him. Chase Lynch keeps improving as the guy's only breast stroker. And one must not forget the team managers, Abby Devaney and Ashley Chiarillo. Abby continuously helped the team. She learned the new scoring technology and was a great help to the coaches. Abby and Ashley were great additions to the team.

The team was able to grow closer as a whole this season through teamwork and support. Throughout the season, the team demonstrated conduct and class. Opposing teams continuously complemented them on this. The team has grown into a strong unit and has a bright future. Coach Maylor stated, "I look forward to next year because I think with off-season work and teamwork we will have victories and the thrill of competing will remain." The team looks forward to next season. Sarah Wallace stated, "I think with every one of the swimmers returning next year, I know that we will have a winning season. I look forward to being on the team." The team's future does indeed look bright with so many talented young people returning next season. If the team shows the same amount of determination and work ethic they did this year, the swim team should have a winning season. Congratulations team on a season well done.

Pictured right. Left to Right: Stephaine Reyes, Carl Pellington, Jessica Sciarabba, Suzanne Devaney, Captain Josh Elder, Donna Cuiffo, Captain Sarah Wallace, Natalia Graff, Olivia Jezowski, Heidi Rhoda, Ashley Naegle, Chase Lynch. Second Row: Meghan Wallace, Jillian Cruz. Bottom Row: Jessica Krupski, Laura Massaro, Cindy Barriera, Ryan McLaughlin, Rob Bounacore, and John Shortino. Bottom front: Coach Maylor Not Pictured: Coach Thret, Rachael DeRoche, Manager Abby Devaney, manager Ashley Chiarillo.

Photos courtesy of Yearbook

Donna Cuiffo(10) is having a lot of fun swimming for her team. All of the team members really enjoyed the season.



Heidi Rhoda (9) swims in a practice. Rhoda was one of the many promising young swimmers on the team.

The team poses for a group photo. All of the team members worked exceptionally hard during the season. In the end, this hard work really paid off.

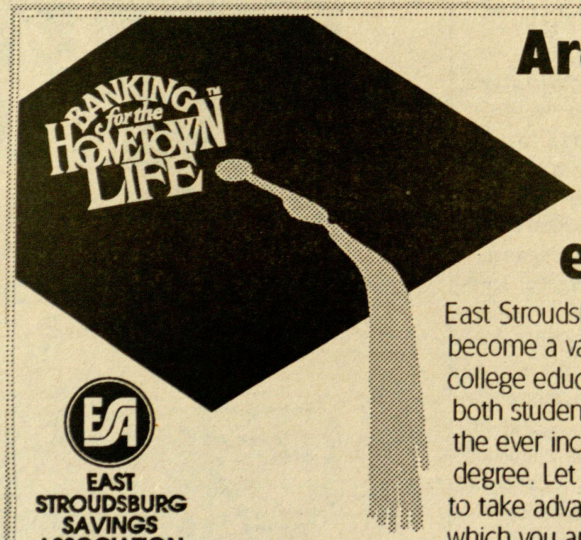
"Susan" Inspires Students Again

Compiled by-
Timberwolves Chronicle Staff

On March 27th, the theme song from *Sesame Street* bellowed from the auditorium. East Stroudsburg North was honored to have Dr. Loretta Long, "Susan" as she is known to her viewers, address the student body in an early morning assembly. Long, the first African American woman on national daytime television, inspired students with quirky tales and heartfelt responses to various questions asked by students. Sasha Martinez, one of the students that asked questions, felt privileged to address Long. "At first I was nervous, but then I asked my questions and her responses really made you think. I am really honored that I had the privilege to meet her." Students were not the only ones who were inspired. Many teachers were swept away by her stories. "I hope the students really listened to what Dr. Long was telling them," Ms. Kropcho stated. "I believe that Dr. Long made some very powerful statements, especially about choosing life or death. I know that many young people can not visualize their future and have not set goals. So how can they possibly see the benefits of an education? I hope that after hearing Dr. Long they will realize the power that education has—life." The students and faculty hope that there will be more assemblies of this magnitude that will enlighten and inspire the students. Chris Lombardi added, "The assembly brought back memories of good times in our childhood. It will be nice to have more assemblies that can inspire us as much as 'Susan' did." Indeed, many more assemblies will help the student body.

Photo Courtesy Band Members

The band shows off their trophies. From left to right: Ashley Naegel, Marlaina Geffers, Kim Johnson, Danny Scavone, Catrina Samonte, Nicole Gioia, Abby DeVaney, Kayla Goble, and Jessica Krupski. The band is very proud of all their accomplishments this year. They look forward to having another great year in 2001.



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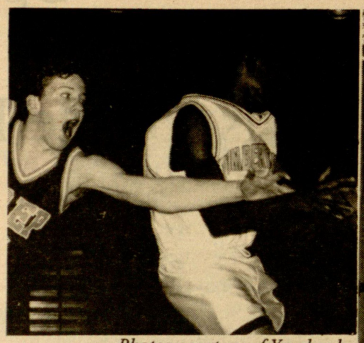
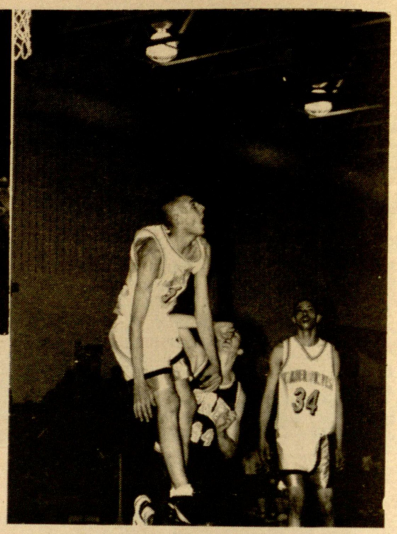
Boys Basketball Makes District First Time Out

Compiled by -
Timberwolves Chronicle Staff

Boys basketball's first season was filled with many surprises. The team did exceptionally well landing a spot in the district semi-finals.
Mr. Tugent, the assistant coach for the team, believes that the season went very well. He said, "We are happy with the way the season went. We improved as a team and accomplished many of the goals we set for the season." Tugent had the following to say about his players.

Mr. Tugent also gave accolades to Kuaheim Powell for his great athletic ability. Secondly, he said that "Giovanni Ortiz kept the team together and is a fierce competitor." Also, he gave praises to Jesse Swenson for working hard and giving the team a real presence on the court along with Ktrice McNeil for working hard and being a real team player.
Tugent hopes that next year the team will "build on what we've accomplished this year." He knows that "the team has a strong foundation and a good nucleus of players capable of achieving the same success." Both the coaches and the players look forward to next year.





Photos courtesy of Yearbook

Above- Kuaheim Powell rebounds a ball during the Scranton Prep game.

Right-Jesse Swenson blocks a shot attempted by Scranton Prep.

Girls Basketball Looks Forward to Next Year's Season

Compiled by-
Timberwolves Chronicle Staff

The girls basketball team worked very hard to have a decent season. Although the overall record for the team was not what the girls hoped for, they could still be proud of their hard work and perseverance throughout the season. Tamika Roberts said, "We worked hard and never gave up and that is what makes a real team." Other teammates agreed with Roberts sentiments. Lindsey Mesmer stated, "I feel that even though we had many losses, every game we showed our hearts and we showed how much more we wanted the win. We all know and feel that next year will be much different."
The girls look forward to next season for they know the talent that will be returning. The team hopes that with this returning talent the girls team will go all the way to districts.
Mesmer agrees with this stating, "I think there is a lot of desire within our players and with desire comes talent, so next year everyone knows we will be better." The team indeed is looking foward to next year.
The team realizes that it will take a lot of hard work and perseverence next year to succeed, but they know that they are up for the challenge. Anne Marie Aponte stated that "the team will push with everything they have next year to win. We can do it."

Photo courtesy of Yearbook

The girls basketball team poses for their group picture.

Photo Courtesy of Yearbook

Kate Wilkins makes a move during a game with Wallenpaupack.